What are cookies?

A cookie is a small text file that a website saves on your computer or mobile device when you visit the site. It enables the website to remember your actions and preferences (such as login, language, font size, and other display preferences) over a period of time, so you don’t have to keep re-entering them whenever you come back to the site or browse from one page to another. Cookies do not give access to your personally identifiable information. Most websites now use cookies; some are essential for a website to function.

Why do we use cookies?

We use cookies to:

- remember information about yourself so you don’t have to provide it again.
- to keep you signed in, even on different devices.
- to help us understand how people use our website and services so we can improve them.
- to help us personalise your experience of our website by remembering your preferences and settings.
- to help us monitor your progress (e.g., when providing us with information), so you can pick up where you left off.

How long will cookies stay on my device?

Session cookies: Session Cookies are stored temporarily during a browsing session and are deleted from the user’s device when the browser is closed.

Persistent cookies: This type of cookie is saved on your computer for a fixed period (usually a year or longer) and is not deleted when the browser is closed. Persistent cookies are used where we need to know who you are for more than one browsing session. For example, this type of cookie is used to store your preferences or details, e.g., your email address, that you may have entered in a form to be remembered for your next visit.
What cookies do we use?

We use:

**Strictly necessary cookies:** These are cookies which are necessary for the operation of our website. They are always on when you visit our website and can't be turned off.

**Visitor Cookies:** These cookies are used to collect statistics about visitors, which pages they visit, and what they do on the website.

**Marketing cookies:** These cookies are used to track visitors in different digital channels to be able to serve personalised ads and marketing.

We use these only if you have given your prior consent. You can withdraw your consent at any time by either using the button on the footer or clearing your browser cookies/cache and making different selections when you visit the website again. Details on how to control browser cookies are listed below.

How to control and delete cookies

All cookies can be managed from the pop-up cookie bar, which also gives full details of the cookies used on this website when you visit our website for the first time. You can also control them from the website’s footer or delete/block them through your browser settings.

You should be aware that any preferences will be lost if you delete cookies, and our website may not work properly, or you will lose some functionality. The method for rejecting cookies and removing existing cookies varies depending on which browser you use:

- **Internet Explorer**
- **Firefox**
- **Google Chrome**
- **Safari**